

## **Palama Registration for Instructional Pickleball Classes Spring 2024**

\*Fill out your instructional pickleball class application online or in person at the office from **Monday, Nov. 13<sup>th</sup> –Thursday, Nov. 16<sup>th</sup>, 2023.**

\*Date the applications will be drawn is Monday, Nov. 20<sup>th</sup>

\*You will be notified of acceptance or waitlisted by an email.

\*Fee of \$50.00 will be taken in 2024 (surcharges apply to online payment)

**What Class Do I Sign Up For?** Read the descriptors for both classes below to make that decision. Remember, it's easier to move you up to the Int2/Adv class than to move you down to the Intermediate 1 class. Being in the correct class for your level and movement is essential for safety and to ensure equal opportunity for everyone else in the class.

### **Descriptor of Intermediate 1 Class**

1. Knows the fundamental rules and can keep score and is now playing.
2. Learning stroke form and starting to develop consistency. Consistently gets serve/return in play with limited ability to control depth.
3. Acknowledges difference between the hard game and soft game, and is starting to vary your own game during recreational play.

### **Descriptor of Intermediate 2/Advanced Class**

1. You are able to dink consistently, (10-20 shot rally), and can control the height and depth of your dinks. Learning spin
2. You have developed a 3<sup>rd</sup> shot drop and understand how to use it to get to the NVZ.
3. You can hit forehand/backhand (BOTH) groundstrokes with depth and control and starting to learn spins.
4. You are able to place a high majority (90%) of your serves/returns with varying depth and speed.
5. You are able to volley a variety of shots at different speeds. You are not afraid of hard shots at the NVZ

6. You have mobility to cover half the court

### **Instructional Pickleball Schedule for Spring 2024**

**Intermediate 1** – Wednesdays (9-10:30am) **AND** Fridays (11:30-1pm)

**Intermediate 2/Advanced** – Wednesdays (10:30am-12pm) **AND** Fridays (1pm-2:30pm)

\*Both instructional classes will run from Wednesday, February 7 thru Friday, May 3<sup>rd</sup>, and includes League Play (this is new!) from Wednesday, May 8<sup>th</sup> thru Friday, May 31<sup>st</sup>.

## **FAQs**

1) What level should I sign up for?

*See level descriptors above*

2) Can I send a substitute Player if I can't make certain dates?

*Substitutions are **not** allowed*

3) How will participants be chosen?

*Lottery system*

4) What if I am available for one day of the two offered?

*We prefer you attend both, but that is acceptable*

5) Is there a waitlist? How are we put on the waitlist?

*Yes, you will be notified that you are placed on the waitlist, should you not be chosen*

6) What is the payment process?

*You may pay in-person at Palama Settlement front desk or [online via paypal](#)*

7) What is League Play as described in the Registration?

*Team/Game Play for Participants Details TBA*

8) Will it be combined League play for both classes?

*No, each class will participate within their own Level*