

Spring 2026 PALAMA SETTLEMENT SENIOR PROGRAM SCHEDULE

January 12, 2026



May 29, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Tai Chi Outdoor Basketball Court 8:00am-10:00am with Amy & April	Tai Chi Outdoor Basketball Court 8:00am-10:00am with Amy & April	Aqua Aerobics Pool 10:00am-11:00am with Mike <i>25 maximum students</i>	Line Dance - Intermediate A Small Court 9:00am-11am with Yvonne, Ann & Kats	Tai Chi Outdoor Basketball Court 8:00am-10:00am with Amy & April
Line Dance - Beginner 2 Large Court 9:00am-11am with Pam <i>1year experience of Beg. 1 recommended</i>	Line Dance - Pre-Beginner Large Court 8:30am-9:00am with Pam		Line Dance - Beginner 1 Large Court 9:00am-10:00am with Mi Wan & Pam	Line Dance - Intermediate B Small Court 9:00am-11:00am with Rae & Tisha
Line Dance - Intermediate A Small Court 9:00am-11am with Yvonne, Ann & Kats	Line Dance - Beginner 1 Large Court 9:00am-11am with Miwan & Pam		Line Dance - Beginner 2 Large Court 10:00am-11am with Pam	Aqua Aerobics Pool 10:00am-11:00am with Mike <i>25 maximum students</i>
Aqua Aerobics Pool 10:00am-11:00am with Mike <i>25 maximum students</i>	Line Dance - Intermediate B Small Court 9:00am-11:00am with Rae & Tisha		Sewing Dining Hall 9:00am-11:30am with Jade	Kupuna Clay Dining Lanai 11:30am –1:30pm with Rayna Dates: March 6th to May 22 <i>First come, first served (Limit 14)</i>
	Sewing Dining Hall 9:00am-11:30am with Jade		Chinese Dancing Multipurpose Room 11:30am –1:00pm with Sandy	
	Hula Dining Hall 11:30am –12:30pm with Leilani			

Registration Dates: January 12, 2026 to January 19, 2026 (from 9am to 10:30am)

Registration Cost: \$30.00

NO Classes on Observed Holidays: Dr. Martin Luther King, Jr. Day (Monday, January 19, 2026), President's Day (Monday, February 16, 2026), Prince Kuhio's Day (Thursday, March 26, 2026), Good Friday (Friday, April 3, 2026), Memorial Day (Monday, May 25, 2026)